

Urban Landscapes for Healthy Living

COURSE HANDBOOK

LK0367 Design Project – Site, Concept and Theory

18 Jan 2021 – 23 March 2021



URBAN LANDSCAPES FOR HEALTHY LIVING

As a follow up from last year's course, let us imagine that Malmö City has commissioned SLU and our studio to produce yet another a publication; a book of ideas called *Urban Landscapes for Healthy Living*, this time with specific attention to the notion of care. As a team member, you are tasked with designing a set of strategies and corresponding spatial projects to be printed in the book.

The Challenge: Differences in health between various socioeconomic groups in Malmö City are increasing (Malmö Commission, 2013). Current densification trend has led to more intensively used and more dispersed green areas, affecting habitat for local ecologies. Malmö City seeks ideas on how to provide attractive urban landscapes to promote health and increase biodiversity. How to design for landscapes of healthy living? How to improve citizens' equal access to high quality green areas?

To experiment with landscape design for healthy living, and probe into the links between design and care, our studio will set out to develop ideas on how to transform the landscape along Lundavägen in Malmö, an urban stretch from Östervärn to Segevång. This stretch has a patchy and heterogeneous urban fabric, about to undergo transformation, with several large planning initiatives underway. With the notion of care as our investigatory lens, we will experiment with design methods, develop strategies and make landscape design proposals addressing the questions: How to create landscapes for healthy living through practices of care? How to attend carefully to sites and situations? How to care with people and place, and the wildlife in our backyards?

Malmö, known as the 'City of Parks', is in fact one of the least green cities in Sweden (111 m² of green space per inhabitant, compared to Stockholm, 177 m²/inhab, or Gothenburg, 215 m²/inhab) (SCB statistics MI0805, 2019). The original parks that established this reputation date back to the 19th century and early 20th century, and they are still very important for citizens' outdoor life. Another recreational asset is Malmö's Öresund

coast, connected to our study area through the meandering Sege Å, which offers parks and promenades for play and extended walks. How do we build upon these existing qualities and how can we improve them? Are there new qualities we would like to add to existing outdoor spaces? What kinds of places do we want to create to ensure a future of healthy living?

Current pandemia has started to shift decision makers' attention from densification to design in support of public health, with renewed emphasis on parks, schoolyards, good access to areas for sport and recreation, with priority to pedestrians and bikes. How to skillfully and creatively enhance the quality of the urban landscape and create connections for the benefits of recreation, health and happiness? Considering that these aspects of city living are especially important to children, the elderly, those recovering from illness, and all others with limited mobility, we will focus on the importance of providing outdoor resources close to where people live and work.

Three interrelated studios will guide our work. In studio *As Found* we will experiment with walking as an investigatory method to gather site knowledge. In studio *Creative Ideas*, we will develop visions and strategic ideas for how to design a landscape for healthy living, by means of bodily engagement on site. In studio *Care of People*, we will start developing individual design projects, exploring ways to translate evidence based thinking into creative design work.

The strategic ideas for how to design a landscape for healthy living, and the scenarios we develop for Lundavägen, will give us insight on aspects of healthy living through practices of care. Each one of us will choose her or his most relevant site/or sites in the Lundavägen area and creatively elaborate strategic ideas into a detailed spatial proposal, or the other way round, to creatively elaborate a spatial detail perceived on site and link it to an overarching strategy. Together we will combine our landscape design proposals into a *Book of Ideas*, suggesting to Malmö's leaders how providing urban landscapes for healthy living can support its citizens physically, mentally and socially.

w.3+4 STUDIO As Found	w.5+6 STUDIO Creative Ideas	w.7+8 STUDIO Care of People	w.9 PROJECT Tutorials	w.10 PROJECT Tutorials	w.11 PROJECT Final presentation	w.12 BOOK
Site+Fieldwork +Literature	Concept+Strategy +Literature	Strategy to Project +Literature+Essay				
Individual/Group	Individual/Group	Individual/Group	Individual/Pair	Individual/Pair	Individual/Pair	Individual/Pair

Assignments

Assignment 1/ tableau physique – composition with transect map and findings (individual/group)

Assignment 2/ vision and strategy – vision and strategy for an urban landscape of healthy living for the Lundavägen area (individual/group)

Assignment 3/ integrating research and design – design proposal with attention to health promoting design (individual/group)

Assignment 4/ studio project – studio project developed out of a strategy for a landscape of healthy living (individual/pair)

Assignment 5/ essay – essay on designing for healthy urban landscapes through practices of care (individual)

Assignment 6/ lecture – prepare questions to lecturers (group)

Assignment 7/ ideas book – 3 pages contribution to book (individual/pair)

Course team:

Victoria Sjöstedt (course responsible) (VS)

Johan Wirdelöv (JW)

Monika Gora (MG)

Jitka Svensson (JS)

Matilda Alfengård (MA)

Co teachers:

Anna Bengtsson (AB)

Marie Andersson (MAA)

Johan Paju (JP)

Markus Magnusson (MM)

Invited lecturers:

Karin Grundström (KG)

Elin Brusewitz + Emma Dohrmann (EB+ED)

Lars Hain (LH)

Nils Bergendal (NB)

Larsola Bromell (LB)

Chris Baines (CB)

Patrik Grahn (PG)

Carina Tenngart Ivarsson (CI)

Kristin Wegren (KW)

Updated 2021.01.23 VS

Invited for final critics:

Tiina Sarap (TS)

Per-Johan Dahl (PJD)

+ Malmö City actors TBA

Studios and classrooms:

Lokstallarna, Kirseberg

Hyllan A + B, Alnarpsgården

Loftet, Alnarpsgården

ZOOM

C = Compulsory!

The schedule below shows individual course moments. When no timeslots are indicated we expect you to work on your projects (09.00-17.00).

Schedule week 3 (1): STUDIO AS FOUND – site and fieldwork

Day	Time	Topic	Activity	Place	Teacher
Monday 18/1	13.00-16.00	Course introduction	Introduction (C)	ZOOM	VS, JS, JW, MA
Tuesday 19/1	09.00-09.40	Intro to STUDIO Assignments 1+5+6 + Literature	Introduction (C)	ZOOM	VS, JW, MA
	10.00-12.00	Walking as experimental method	Lecture	ZOOM	Johan Wirdelöv, VS
	13.00-14.00	Transect	Fieldwork prep (C)	ZOOM	VS, JW
Wednesday 20/1	09.00-14.30	Watercolor 1 (3 groups)	Masterclass (C) + Reading	Lokstallarna	Marie Andersson
Thursday 21/1	09.00-11.00	Revisiting Commons & Pathways	Lecture	ZOOM	Karin Grundström Malmö University, VS, JW
		Transect	Fieldwork (C)	Lundavägen	
Friday 22/1	13.00-16.00	tableau physique	Wrap-up (C)	ZOOM	VS, JW, JS

Schedule week 4 (2): STUDIO AS FOUND – developing tableau physique

Day	Time	Topic	Activity	Place	Teacher
Monday 25/1	09.00-12.00	Attending to sites and situations Transect	Literature salon 1 (C) Fieldwork (C)	ZOOM	VS, JW, MA
Tuesday 26/1	09.00-12.00 13.00-15.00	Develop tableau physique Developing places for physical activity + plans for Östervärn and Sege Park	Tutoring Lecture	ZOOM ZOOM	VS, JW Elin Brusewitz + Emma Dohrmann FGK Malmö City, VS
Wednesday 27/1	09.00-14.30	Watercolor 2 (3 groups) Develop tableau physique	Masterclass (C) Studio work	Lokstallarna	Marie Andersson
Thursday 28/1		Develop tableau physique	Studio work		
Friday 29/1	13.00-16.00	Assignment 1/ tableau physique Hand in: Assignment 1/ tableau physique	Presentation (C)	ZOOM	VS, JW, JS, MG Handover to next studio

Schedule week 5 (3): STUDIO CREATIVE IDEAS – presence on site

Day	Time	Topic	Activity	Place	Teacher
Monday 1/2	09.00-10.00	Intro to STUDIO Assignment 2 + Literature	Introduction (C)	ZOOM	Monika Gora, VS
	10.45-14.45	Meditation (1) as method for exploring site	Intro to method (C)	Beijers Park	Lars Hain, MG
Tuesday 2/2	09.00-11.00	Trees in Malmö	Lecture	ZOOM	Larsola Bromell, MG, VS
		Meditation (2) as method for exploring site	Fieldwork (C)	Sperlings hage	
Wednesday 3/2	09.00-12.00	How much for a tree? Illustrate experience of place	Workshop (C) Studio work + Reading	ZOOM	MG, Johanna Larsson
Thursday 4/2	09.00-11.00	Historical layers	Lecture	ZOOM	Nils Bergendal, MG, VS
		Meditation (3) as method for exploring site	Fieldwork (C)	Sege Å	
Friday 5/2	13.00-16.00	Impressions from site + Concept	Wrap-up (C)	ZOOM	MG, VS, JW

Schedule week 6 (4): STUDIO CREATIVE IDEAS – developing strategy

Day	Time	Topic	Activity	Place	Teacher
Monday 8/2	09.00-12.00	Caring for responsible actions Develop strategy	Literature salon 2 (C) Studio work	ZOOM	VS, JW, MA
Tuesday 9/2	09.00-11.00	Wildlife in the City/Biodiversity Students finding their Precious Wildlife Site worth preserving	Lecture Fieldwork (C)	ZOOM Lundavägen	Chris Baines, MG, VS
Wednesday 10/2	09.00-12.00	Develop strategy	Tutoring	ZOOM	MG, VS
Thursday 11/2		Develop strategy	Studio work		
Friday 12/2	13.00-16.00	Assignment 2/ vision and strategy Hand in: Assignment 2/ vision and strategy	Presentation (C)	ZOOM	MG, JS, AB, VS Handover to next studio

Schedule week 7 (5): STUDIO CARE OF PEOPLE – integrating research and design

Day	Time	Topic	Activity	Place	Teacher
Monday 15/2	09.00-09.15	Intro to STUDIO Assignment 3 + Literature	Introduction (C)	ZOOM	JS, AB
	09.15-10.45	Health promoting outdoor environments – evidence “The burned plot“ “Give your ideas some legs”	Lecture Individual site visit exercise (C) + Reading	ZOOM Alnarp	Patrik Grahn
Tuesday 16/2	09.00-10.00	Integrating research and design	Walkshop (C)	On ZOOM while walking	JS, AB
	13.00-16.00	Design proposal sketch	Tutoring	ZOOM	JS, AB, VS
Wednesday 17/2	09.00-11.00	Sharing my experience of research and practice Finalize design proposal + facts figures	Walkshop (C) Design work in groups + Reading	On ZOOM while walking	Carina Tenngart Ivarsson SBK, Malmö City
Thursday 18/2	09.00-9.30	Transforming research into design – graphics	Exercise intro (C)	ZOOM	JS, AB
	09.30-12.00	Work with graphics/ Develop design proposal	Tutoring	ZOOM	JS, AB
Friday 19/2	13.00-16.00	Assignment 3	Wrap-up (C)	ZOOM	JS, AB, VS
	17.00	Hand-in Assignment 3/ integrating research and design			

Schedule week 8 (6): STUDIO CARE OF PEOPLE – from strategy to project

Day	Time	Topic	Activity	Place	Teacher
Monday 22/2	09.00-12.00	Caring with people and place	Literature salon 3 (C)	ZOOM	VS, JW, MA
	13.00-15.00	Assignment 4/ Studio Project	Introduction (C) + Lecture for inspiration	ZOOM	VS, Johan Paju, Markus Magnusson
Tuesday 23/2	09.00-14.00	Develop studio project Develop essay	Tutoring	Hyllan A + B / ZOOM	MG, VS, JP, MM
Wednesday 24/2		Develop studio project/ Develop essay	Studio work/Writing		
Thursday 25/2	09.00-14.00	Develop studio project Develop essay	Tutoring	Hyllan A + B / ZOOM	MG, VS, JP, MM
Friday 26/2	17.00	Finalize essay Hand in: Assignment 5/ essay	Studio work/Writing		

Schedule week 9 (7): STUDIO WORK – developing project

Day	Time	Topic	Activity	Place	Teacher
Monday 1/3	09.00-11.00	Revisiting old projects	Lecture	ZOOM	Monika Gora, VS
		Develop studio project	Studio work	Hyllan A + B	
Tuesday 2/3	09.00-14.00	Develop studio project	Tutoring	Hyllan A + B / ZOOM	MG, VS, JS, MM
Wednesday 3/3	09.00-14.30	Watercolor 3	Masterclass (C)	Hyllan A + B	Marie Andersson
		Develop studio project	Studio work		
Thursday 4/3	09.00-14.00	Develop studio project	Tutoring	Hyllan A + B / ZOOM	MG, VS, JS, MM
Friday 5/3	13.00-16.00	Develop studio project	Studio work	Hyllan A + B	VS, JS, JW
		Studio project	Wrap-up (C)	ZOOM	

Schedule week 10 (8): STUDIO WORK – developing project

Day	Time	Topic	Activity	Place	Teacher
Monday 8/3	09.00-11.00	Layout	Lecture	ZOOM	Kristin Wegren, VS
		Develop studio project	Studio work	Hyllan A + B	
Tuesday 9/3	09.00-14.00	Develop studio project	Tutoring	Hyllan A + B / ZOOM	VS, JP, JS, MM
Wednesday 10/3	09.00-14.30	Water color 4	Masterclass (C)	Hyllan A + B	Marie Andersson
		Develop studio project	Studio work		
Thursday 11/3	09.00-14.00	Develop studio project	Tutoring	Hyllan A + B / ZOOM	VS, JP, JS, MM
Friday 12/3		Develop studio project	Studio work	Hyllan A + B	

Schedule week 11 (9) EXHIBITION – finalizing project

Day	Time	Topic	Activity	Place	Teacher
Monday 15/3	09.00-11.00	Instructions for final presentation	Introduction (C)	ZOOM	VS
		Finalize studio project		Hyllan A + B	
Tuesday 16/3		Finalize studio project	Studio work	Hyllan A + B	
Wednesday 17/3	09.00-16.00	Exhibition	Install exhibition (C)	Loftet	MAA, VS
	16.00-18.00		Exhibition	Loftet	Course team
Thursday 18/3	09.00-16.00	Presentation	Final crits (C)	Loftet / ZOOM	VS, MG, JS, JW, TS (am) +Malmö city actors TBA
Friday 19/3	09.00-16.00	Presentation	Final crits (C)	Loftet / ZOOM	VS, MG, JS, JW TS, PJD +Malmö city actors TBA

Schedule week 12 (10): IDEAS BOOK - finalizing contribution

Day	Time	Topic	Activity	Place	Teacher
Monday 22/3	09.00-11.00	Assignment 7/ ideas book	Introduction (C)	ZOOM	VS
		Prepare contribution to book	Studio work	Hyllan A+B	
Tuesday 23/3	13.00-16.00	Reflections	Clear studio Course evaluation + wrap-up (C)	Hyllan A+B ZOOM	VS, MA