

PRELIMINARY SCHEDULE, updated 2020-12-18 VS
LK0367 Design Project – Site, Concept and Theory
18 Jan 2021 – 23 March 2021

Urban Landscapes for Healthy Living

Course handbook



URBAN LANDSCAPES FOR HEALTHY LIVING

As a follow up from last year's course, let us imagine that Malmö City has commissioned SLU and our studio to produce yet another a publication; a book of ideas called *Urban Landscapes for Healthy Living*, this time with specific attention to the notion of care. As a team member, you are tasked with designing a set of strategies and corresponding spatial projects to be printed in the book.

The Challenge: Differences in health between various socioeconomic groups in Malmö City are increasing (Malmö Commission, 2013). Current densification trend has led to more intensively used and more dispersed green areas, affecting habitat for local ecologies. Malmö City seeks ideas on how to provide attractive urban landscapes to promote health and increase biodiversity. How to design for landscapes of healthy living? How to improve citizens' equal access to high quality green areas?

To experiment with landscape design for healthy living, and probe into the links between design and care, our studio will set out to develop ideas on how to transform the landscape along Lundavägen in Malmö, an urban stretch from Östervärn to Segevång. This stretch has a patchy and heterogeneous fabric, about to undergo transformation, with most of its plans still in early phases. With the notion of care as our investigatory lens, we will experiment with design methods, develop strategies and make landscape design proposals addressing the questions: How to create landscapes for healthy living through practices of care? How to attend carefully to sites and situations? How to care with people and place, and the wildlife in our backyards?

Malmö, known as the 'City of Parks', is in fact one of the least green cities in Sweden (111 m² of green space per inhabitant, compared to Stockholm, 177 m²/inhab, or Gothenburg, 215 m²/inhab) (SCB statistics MI0805, 2019). The original parks that established this reputation date back to the 19th century and early 20th century, and they are still very important for citizens' outdoor life. Another recreational asset is Malmö's Öresund

coast, connected to our site through the meandering Sege Å, which offers parks and promenades for play and extended walks. How do we build upon these existing qualities and how can we improve them? Are there new qualities we would like to add to existing outdoor spaces? What kinds of places do we want to create to ensure a future of healthy living?

Current pandemia has started to shift decision makers' attention from densification to design in support of public health, with renewed emphasis on parks, schoolyards, good access to areas for sport and recreation, with priority to pedestrians and bikes. How to skillfully and creatively enhance the quality of the urban landscape and create connections for the benefits of recreation, health and happiness? Considering that these aspects of city living are especially important to children, the elderly, those recovering from illness, and all others with limited mobility, we will focus on the importance of providing outdoor resources close to where people live and work.

Three interrelated studios will guide our work. In studio *As Found* we will experiment with walking as an investigatory method to gather site knowledge. In studio *Creative Ideas*, we will develop visions and strategic ideas for how to design a landscape for healthy living, by means of bodily engagement on site. In studio *Care of People*, we will start developing individual design projects, exploring ways to translate evidence based thinking into creative design work.

The strategic ideas for how to design a landscape for healthy living, and the scenarios we develop for Lundavägen will give us insight on aspects of healthy living through practices of care. Each one of us will choose her or his most relevant site/or sites along the Lundavägen stretch and creatively elaborate one of the strategic ideas into a detailed spatial proposal, or the other way round, to creatively elaborate a spatial detail perceived on site and link it to the overarching strategy. Together we will combine our landscape design proposals into a *Book of Ideas*, suggesting to Malmö's leaders how providing urban landscapes for healthy living can impact its citizens physically, mentally and socially.

w.3+4 STUDIO As Found Site+Fieldwork +Literature Individual /Group	w.5+6 STUDIO Creative Ideas Concept+Strategy +Literature Individual /Group	w.7+8 STUDIO Care of People Strategy to Project +Literature+Essay Individual /Group	w.9 PROJECT Tutorials Individual /Pair	w.10 PROJECT Tutorials Individual /Pair	w.11 PROJECT Final presentation Individual /Pair	w.12 BOOK Individual /Pair
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Assignments

Assignment 1/ transect collage – field book + transect map (individual/group)

Assignment 2/ strategy – vision and strategy for an urban landscape of healthy living for the Lundavägen stretch (individual/group)

Assignment 3/ studio project – studio project developed out of the group strategy for a landscape of healthy living (individual/pair)

Assignment 4/ essay – essay on designing for healthy urban landscapes through practices of care (individual)

Assignment 5/ lecture – questions to lecturers (group)

Assignment 6/ ideas book – 3 pages contribution to book (individual/pair)

Course team:

Victoria Sjöstedt (course responsible)

Johan Wirdelöv

Monika Gora

Jitka Svensson

Anna Bengtsson

Matilda Alfengård

Co teachers:

Shira Jacobs (SJ)

Johan Paju (JP)

Marie Andersson (MAA)

Lecturers:

Johan Wirdelöv (JW)

Karin Grundström (KG)

Elin Brusewitz + Emma Dohlmann (EB+ED)

Monika Gora (MG) + Johanna Larsson (JL)

Lars Hain (LH)

Nils Bergendal (NB)

Larsola (LO)

Chris Baines (CB)

Patrik Grahn (PG)

Jitka Svensson + Anna Bengtsson (JS+AB)

Carina Ivarsson (CI)

Kristin Wegren (KW)

Invited for final critics:

Tiina Sarap (TS)

Per-Johan Dahl (PJD)

+ Malmö City actors TBA

Studios and classrooms:

Lokstallarna, Kirseberg

Hyllan A + B, Alnarpsgården

Terra Nova, Agricum

ZOOM

C = Compulsory! TBA

The schedule below shows individual course moments. When no timeslots are given we expect you to work on your projects (09.00-17.00).

Schedule week 3 (1): STUDIO AS FOUND – site and fieldwork

Day	Time	Topic	Activity	Place	Teacher
Monday 18/1	13.00-16.00	Course introduction Assignment 4/ essay Assignment 5/ lecture	Introduction	ZOOM	Course team
Tuesday 19/1	09.00-12.00	Intro to Studio As Found Assignment 1/ transect collage + Literature	Fieldwork prep	ZOOM/Lokstallarna	VS, JW
	13.00-15.00	Walking as experimental method	Lecture	ZOOM	Johan Wirdelöv, VS
Wednesday 20/1	09.00-14.30	Watercolor 1 (3 groups)	Masterclass + Reading Lee&Diedrich (2018)	Lokstallarna	Marie Andersson
Thursday 21/1	09.00-12.00	Transect	Fieldwork/observing traces of care	Lundavägen	Karin Grundstöm Malmö University, VS, JW
	13.00-15.00	Revisiting Allmänningar & Stråk from a spatial justice perspective	Lecture	ZOOM	
Friday 22/1	13.00-16.00	Field Book	Wrap-up/Discussion on care/lack of care	ZOOM	VS, JW, JS, MA

Schedule week 4 (2): STUDIO AS FOUND – developing transect collage

Day	Time	Topic	Activity	Place	Teacher
Monday 25/1	09.00-12.00	ATTENDING to sites and situations Develop essay	Literature salon 1 Writing	ZOOM	VS, JW, MA, JS
Tuesday 26/1	09.00-12.00 13.00-15.00	Develop transect collage Strategy for developing places for physical activity + plans Sege Park+Östervärn	Tutoring Lecture	ZOOM ZOOM	VS, JW Elin Brusewitz + Emma Dohrman, Malmö City, VS
Wednesday 27/1	09.00-14.30	Watercolor 2 (3 groups) Develop transect collage	Masterclass Studio work	Lokstallarna	Marie Andersson
Thursday 28/1		Develop transect collage	Studio work		
Friday 29/1	13.00-16.00	Transect collage Hand in: Assignment 1/ transect collage	Presentation	ZOOM	VS, JW, JS, MG Handover to next studio

Schedule week 5 (3): STUDIO CREATIVE IDEAS – presence on site

Day	Time	Topic	Activity	Place	Teacher
Monday 1/2	09.00-10.00	Intro to STUDIO Assignment 2/ Strategy + Literature	Introduction	ZOOM	Monika Gora, VS
	10.45-14.45	Meditation (1) as method for exploring site	Intro to method (3 groups)	Beijers Park	Lars Hain, MG
Tuesday 2/2	09.00-11.00	Trees in Malmö	Lecture	ZOOM	Larsola, MG, VS
	13.00-16.00	Meditation (2) as method for exploring site	Fieldwork	Sperlings hage	
Wednesday 3/2	09.00-12.00	How much for a tree? Illustrate experience of place	Workshop Gora&Bandolin (2014) Studio work/Reading	ZOOM	MG, Johanna Larsson
Thursday 4/2	09.00-11.00	Historical layers	Lecture	ZOOM	Nils Bergendal, MG, VS
	13.00-16.00	Meditation (3) as method for exploring site	Fieldwork	Sege Å	
Friday 5/2	13.00-16.00	Impressions from site	Wrap-up/Discussion on site meditation	ZOOM	MG, VS, MA

Schedule week 6 (4): STUDIO CREATIVE IDEAS – developing strategy

Day	Time	Topic	Activity	Place	Teacher
Monday 8/2	09.00-12.00	CARE FOR responsible actions	Literature salon 2	ZOOM	VS, JW, MA, MG
	13.00-15.00	Revisiting old projects	Lecture	ZOOM	MG, VS
Tuesday 9/2	09.00-11.00	Wildlife in the City/Biodiversity	Lecture	ZOOM	Chris Baines, MG, VS
	13.00-16.00	Students finding their Precious Wildlife Site worth preserving	Fieldwork	Lundavägen	
Wednesday 10/2	09.00-12.00	Develop strategy	Tutoring	ZOOM	MG, VS
Thursday 11/2		Develop strategy	Studio work		
Friday 12/2	13.00-16.00	Assignment 2/ strategy Hand in: Assignment 2/ strategy	Presentation	ZOOM	MG, JS, AB, VS Handover to next studio

Schedule week 7 (5): STUDIO CARE OF PEOPLE – from strategy to project

Day	Time	Topic	Activity	Place	Teacher
Monday 15/2	09.00-09.15	Intro to STUDIO + Literature	Introduction	ZOOM	JS, AB
	09.15-10.45	Health promoting outdoor environments – evidence	Lecture	ZOOM	Patrik Grahn, JS, AB
	11.00-12.00	“Give your ideas some legs”	Walkshop Read literature	Optional outdoor place	
Tuesday 16/2	09.00-10.00	Integrating research and design	Walkshop	Alnarp	JS, AB
	10.30-12.00	Health supporting design proposal sketch	Exercise	Alnarp	JS, AB
	13.00-16.00	Develop sketches	Tutoring	Alnarp	JS, AB
Wednesday 17/2	09.00-11.00	Sharing my experience of research and practice	Walkshop	Optional outdoor place	Carina Ivarsson SBK, Malmö City
		Develop design proposal	Studio work/Reading		
Thursday 18/2	09.00-12.00	Transforming research into design - graphics	Exercise intro	ZOOM	JS, AB
	13.00-16.00	Develop design proposal	Tutoring	ZOOM	JS, AB
Friday 19/2	13.00-16.00	Design proposal	Wrap-up	ZOOM	JS, AB, VS

Schedule week 8 (6): STUDIO CARE OF PEOPLE – developing project

Day	Time	Topic	Activity	Place	Teacher
Monday 22/2	09.00-12.00	CARING with people and place	Literature salon 3	ZOOM	VS, JW, MA
	13.00-15.00	Intro to Assignment 3/ Studio Project	Introduction	ZOOM	VS, Johan Paju Shira Jacobs
Tuesday 23/2	09.00-14.00	Develop studio project	Tutoring	ZOOM Hyllan A + B	MG, VS, SJ, JP
Wednesday 24/2		Develop studio project/ Develop essay	Studio work/Writing		
Thursday 25/2	09.00-14.00	Develop studio project	Tutoring	ZOOM Hyllan A + B	MG, VS, SJ, JP
Friday 26/2	17.00	Develop studio project Develop essay Hand in: Assignment 4/ essay	Studio work/Writing		

Schedule week 9 (7): STUDIO WORK – developing project

Day	Time	Topic	Activity	Place	Teacher
Monday 1/3	09.00-16.00	Develop studio project	Studio work	Hyllan A + B	
Tuesday 2/3	09.00-14.00	Develop studio project	Tutoring	Hyllan A + B	MG, VS, SJ, JS
Wednesday 3/3	09.00-14.30	Watercolor 3 (3 groups) Develop studio project	Masterclass Studio work	Hyllan A + B	Marie Andersson
Thursday 4/3	09:00-14:00	Develop studio project	Tutoring	Hyllan A + B	MG, VS, SJ, JS
Friday 5/3	09.00-12:00 13:00-16:00	Develop studio project Studio project	Studio work Wrap-up	Hyllan A + B ZOOM	MG, VS, JS, JW

Schedule week 10 (8): STUDIO WORK – finalizing project

Day	Time	Topic	Activity	Place	Teacher
Monday 8/3	09.00-11.00	Layout	Lecture	ZOOM	Kristin Wegren
		Finalize studio project	Studio work	Hyllan A + B	
Tuesday 9/3	09.00-14.00	Finalize studio project	Tutoring	Hyllan A + B	VS, JP, JS, JW
Wednesday 10/3	09.00-14.30	Water color 4 (3 groups)	Masterclass	Hyllan A + B	Marie Andersson
		Finalize studio project	Studio work		
Thursday 11/3	09.00-14.00	Finalize studio project	Tutoring	Hyllan A + B	VS, JP, JS, JW
Friday 12/3	09.00-16.00	Finalize studio project	Studio work	Hyllan A + B	

Schedule week 11 (9) EXHIBITION - finalizing project

Day	Time	Topic	Activity	Place	Teacher
Monday 15/3	09.00-11.00	Instructions for final presentation	Introduction	ZOOM	VS, MA
		Finalize studio project		Hyllan A + B	
Tuesday 16/3	09.00-16.00	Finalize studio project	Studio work	Hyllan A + B	
Wednesday 17/3	09.00-16.00	Exhibition	Install exhibition	Terra Nova	MAA, VS
	16.00-18.00		Exhibition	Terra Nova	Course team
Thursday 18/3	09.00-16.00	Presentation	Final crits	Terra Nova/ZOOM	JS, VS, MG, JW, TS (am) +Malmö city actors TBA
Friday 19/3	09.00-16.00	Presentation	Final crits	Terra Nova/ZOOM	JS, VS, MG, JW, TS, PJD +Malmö city actors TBA

Schedule week 12 (10): IDEAS BOOK- finalizing contribution

Day	Time	Topic	Activity	Place	Teacher
Monday 22/3	09.00-11.00	Assignment 6/ Ideas Book	Introduction	ZOOM	VS, MA
	13.00-16.00	Prepare contribution to book	Studio work	Hyllan A+B	
Tuesday 23/3	09.00-12.00		Clear studio	Hyllan A+B	VS, MA
	13.00-16.00	Reflections	Course evaluation + wrap-up	ZOOM	