

Updated 2022-01-14 VSJ

# Urban Landscapes for Healthy Living

## *Rediscovering Waterscapes through Trails*

COURSE HANDBOOK

LK0367 Design Project – Site, Concept and Theory

17 Jan 2022 – 23 March 2022



## URBAN LANDSCAPES FOR HEALTHY LIVING

### Rediscovering Waterscapes through Trails

Imagine Malmö City has commissioned SLU and our studio to create a Book of Ideas called “Urban Landscapes for Healthy Living - Rediscovering Waterscapes through Trails”, exploring possibilities to regenerate waterscapes in the Sege Å area, in support of healthy living. As a team member, you are tasked with developing a set of strategies and corresponding artistically sensitive landscape architecture projects, to be printed in the book.

Malmö City seeks ideas on how to provide attractive urban landscapes that promote health and increase biodiversity. Malmö, known as the “City of Parks”, is in fact one of the least green cities in Sweden, with large differences in health between various socioeconomic groups (Malmö Commission, 2013). Health we interpret broadly as healthy ecosystems, as basis for human and non-human life to thrive. Finding ourselves in the midst of a huge ongoing biodiversity crisis, losing wilderness areas at an alarming rate, there is a growing awareness of our dependency on biodiversity - our health is heavily dependent on the health of the life processes that surround us. Through designing urban environments, in waterscape settings where also wildlife has a place, landscape architects can make a significant contribution, learning from nature and imitating nature’s solutions, creating enabling conditions for life processes to unfold, giving meaning and hope in people’s everyday life.

To experiment with landscape design for healthy living, our studio sets out to rediscover, through trails, the Sege Å area in Malmö, following waterscapes along the Sege Å and Risebergabäcken, from the Öresund coast to Husie Mosse and Jägersro. Waterscapes in the Sege Å area are fragmented and difficult to access, with urban development and surrounding intensive agriculture practices, heavily affecting biodiversity and water retention capacity. Through inventory transects, we get to know our study area, exploring possibilities for making periurban trails,

seeking to rediscover and regenerate Sege Å waterscapes, as habitat for local ecologies, as well as recreational area close to the city. We are interested in the affective, communicative and pedagogical aspects of landscape architecture. In particular we are interested in **how design of urban landscapes can contribute to raising ecological awareness**, and inspire us to rethink our ways of acting in the landscape, encouraging more eco-centric perspectives. Through design interventions in the urban landscape we explore **relations between designed and non-designed living environments, and affective, communicative and pedagogical aspects of landscape architecture**

- How to make space for biodiversity in the city? How to design for humans and wildlife to coexist? What narratives can help us imagine new ways of coexistence with other life? How to skillfully and creatively enhance the quality of periurban waterscape situations and provide conditions for biodiversity and coexistence in support of healthy living?
- How to critically make use of affective experiences? How to raise awareness of biodiversity and the interconnectedness of living systems, and empower citizens to care for their living environments?

With relations to waterscapes as our investigatory lens, we experiment with design methods, and develop strategies and artistically sensitive landscape architecture proposals. We carefully explore sites along our trails, using all our senses, practicing being present on site. Following our trails, we develop conceptual ideas for specific sites, translating our ideas into creative design work, making precise landscape architecture proposals. We probe into the agency of design, using design as an explorative means to generate knowledge, communicating our site impressions through a diverse set of materials. Together we combine our strategies and corresponding visionary landscape architecture proposals, into an inspirational Ideas Book, with ideas on how to raise ecological awareness through landscape architecture initiatives, regenerating waterscapes in the Sege Å area, with address to actors and decision makers involved in Malmö’s urban development.

Updated 2022-01-14 VSJ

w.3+4 FIELDWORK <i>Studio As Found</i>  <b>Fieldwork +Site +Literature</b>  Group	w.5+6 SITE IMPRESSIONS <i>Studio Creative Ideas</i>  <b>Creative ideas +Coexistence +Literature</b>  Individual	w.7 CONCEPT AND STRATEGY  <b>Tutorials</b>  Pair	w.8+9+10 DEVELOP PROJECT  <b>Tutorials +Literature</b>  Pair	w.11 FINALIZE PROJECT  <b>Exhibition +Final presentation</b>  Pair	w.12 IDEAS BOOK  <b>Exhibition</b>  Pair
---	---	--	--	---	---

*Updated 2022-01-14 VSJ*

## **Assignments**

**Assignment 1/ Tableau Physique** – experimental fieldwork method (group)

**Assignment 2/ Site Impressions** – exploring coexistence (individual)

**Assignment 3/ Studio Project** – studio project developed out of strategy for healthy living (pair)

**Assignment 4/ Essay** – essay narrating project strategy for healthy living (pair)

**Assignment 5/ Lecture** – prepare questions to lecturers (group)

**Assignment 6/ Ideas Book** – 3 pages contribution to book (pair)

*Updated 2022-01-14 VSJ*

### **Course team**

Victoria Sjöstedt (course responsible) (VS)

Monika Gora (MG)

Lisa Diedrich (LD)

Marie Andersson (MAA)

Matilda Alfengård (MA)

### **Co teachers**

Kina Bergdahl (KB)

Tiina Sarap (TS)

Anders Folkesson (AF)

Christine Haaland (CH)

### **Invited lecturers**

Nils Bergendal and Valle Westesson

Michael Palmgren

Lars Hein

Chris Baines

Fiona Harrisson

Jessika Cansund

Ea Baden

Torgil Brönmark

Gunilla Bandolin

Johan Paju

Julian Raxworthy

*Updated 2022-01-14 VSJ*

**Invited for final critics**

Per-Johan Dahl (PJD)

Caroline Dahl (CD)

Måns Holst-Ekström (MHE)

+Malmö City actors TBA

**Studios and classrooms**

Arken A+B, Alnarpsgården

Vattentornet Pildammsparken, Malmö

ZOOM

C = Compulsory!

The schedule below shows individual course moments. When no timeslots are indicated we expect you to work on your projects (09.00-17.00).

*Schedule week 3 (1): AS FOUND – site and field work*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 17/1</b>	<b>13.00-16.00</b>	Course introduction Assignment 4/Essay Assignment 5/Lecture	Introduction (C)	<b>ZOOM</b>	Course team
<b>Tuesday 18/1</b>	<b>09.00-09.45</b>	Assignment 1/Tableau Physique + Literature	Introduction (C)	<b>ZOOM</b>	VS, MA
	<b>10.00-12.00</b>	Travelling Transect + Metropolitan Trails	Lecture	<b>ZOOM</b>	Lisa Diedrich, VS, MA
	<b>14.00-16.00</b>	Transect	Fieldwork prep (C)	Arken A+B	VS, MA
<b>Wednesday 19/1</b>	<b>09.00-12.00</b>	WATERCOLOR 1	Masterclass (C)	Arken A+B	Marie Andersson
	<b>13.00-16.00</b>	<b>Artistic methods</b>	<b>SPECIAL EVENT (C)</b>	<b>Stadsteatern Helsingborg</b>	<b>Lisa Färnström</b>
<b>Thursday 20/1</b>	<b>09.00-11.00</b>	High turbidity was noted – a meandering time travel on Sege Å	Lecture	<b>ZOOM</b>	Nils Bergendal, Valle
		Transect	Fieldwork (C)	STUDY AREA	Westesson, MG
<b>Friday 21/1</b>			READING		

*Schedule week 4 (2): AS FOUND – developing tableau physique*

Day	Time	Topic	Activity	Place	Teacher
Monday 24/1	09.00-12.00	SITE and SITUATIONS	Literature salon 1 (C)	Arken A+B Semlan + ZOOM	VS, MA, LD
		Transect	Fieldwork (C)	STUDY AREA	
Tuesday 25/1	09.00-12.00	Develop Tableau Physique	TUTORING	Arken A+B	VS, MA
	13.00-15.00	Malmö waterscapes	Excursion (C)	SeaU/Marint Kunskapscenter	Michael Palmgren VS, MG
Wednesday 26/1	09.00-12.00	WATERCOLOR 2	Masterclass (C)	Arken A+B	Marie Andersson
		Develop Tableau Physique	Studio work		
Thursday 27/1	09.00-11.00	Narratives	Lecture	ZOOM	Victoria Sjöstedt
		Develop Tableau Physique	Studio work	Arken A+B	
Friday 28/1	13.00-16.30	Tableau Physique  Hand in: Assignment 1/Tableau Physique	Presentation (C)	Korridoren	Course team



*Schedule week 5 (3): CREATIVE IDEAS – presence on site*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 31/1</b>	<b>08.00-09.00</b>	Intro to Assignment 2/ Site Impressions + Literature	Introduction (C)	ZOOM	Monika Gora, VS
	<b>10.00-15.45</b>	Meditation (1) as method for exploring site	Intro to method (C)	Beijers Park	Lars Hain, MG
<b>Tuesday 1/2</b>	<b>09.00-11.00</b>	Wildlife in the City	Lecture	ZOOM	Chris Baines, MG
	<b>13.00-16.00</b>	Meditation (2) as methodfor exploring site	Fieldwork (C)	Sege Å	
<b>Wednesday 2/2</b>	<b>09.00-12.00</b>	WATERCOLOR 3  Illustrate experience of place	Masterclass (C)  Studio work	Arken A+B	Marie Andersson
<b>Thursday 3/2</b>	<b>09.00-11.00</b>	Listening Practices	Lecture	ZOOM	Fiona Harrison, VS
	<b>13.00-15.00</b>	Sege Å+Risebergabäcken  Meditation (3) as method for exploring site	Lecture  Fieldwork (C)	Arken A+B  Risebergabäcken	Jessika Cansund, Ea Baden, Torgil Brönmark, MG
<b>Friday 4/2</b>		READING			

*Schedule week 6 (4): CREATIVE IDEAS – exploring co-existence*

Day	Time	Topic	Activity	Place	Teacher
Monday 7/2	09.00-12.00	RESPONS-ABILITIES	Literature salon 2 (C)	Arken A+B Wisteria + Nathorst	VS, MA, MG
		Meditation (4) as method for exploring site	Fieldwork (C)	STUDY AREA (Precious Wildlife Site)	
Tuesday 8/2	09.00-12.00	Capturing site impressions	TUTORING	Arken A+B	MG, VS
	13.00-15.00	Wetland habitats	Excursion (C)	Almåsa	Jessika Cansund, Torgil Brönmark, VS, MG
Wednesday 9/2	09.00-12.00	How much for a tree?	WORKSHOP (C)	ZOOM	Monika Gora, Gunilla Bandolin
Thursday 10/2		Capturing site impressions	Studio work		
Friday 11/2	13.00-16.30	Assignment 2/Site Impressions	Presentation (C)	Korridoren	MG, MA, VS, MAA AF, TS
		<b>Hand in: Assignment 2/ Site Impressions</b>			

*Schedule week 7 (5): STUDIO WORK – developing concept and strategy*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 14/2</b>	<b>09.00-09.45</b>	Intro to Assignment 3/ Studio Project	Introduction (C)	Arken A+B	VS, MA, KB
	<b>10.00-12.00</b>	Revisits	Lecture	Arken A+B	Monika Gora, VS
	<b>13.00-15.00</b>	Inspiration	Lecture	ZOOM	Johan Paju
<b>Tuesday 15/2</b>	<b>09.00-12.00</b>	Develop Studio Project	Tutoring	Arken A+B	MG, KB
	<b>13.00-15.15</b>				VS, TS
<b>Wednesday 16/2</b>	<b>09.00-12.00</b>	WRITING Essay + Strategy	WORKSHOP (C)	Arken A+B	VS, MA
<b>Thursday 17/2</b>	<b>09.00-12.00</b>	Develop Studio Project	Tutoring	Arken A+B	MG, VS
	<b>13.00-15.15</b>				AF, TS
<b>Friday 18/2</b>		READING			

*Schedule week 8 (6): STUDIO WORK – developing project*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 21/2</b>	<b>09.00-12.00</b>	Design as Knowledge Creation - Case studies	Literature Salon 3 (C)	Arken A+B Semlan + ZOOM	VS, MA, LD
	<b>13.00-15.00</b>	Design as Knowledge Creation	Lecture	ZOOM	Lisa Diedrich, VS
<b>Tuesday 22/2</b>	<b>09.00-12.00</b>	Develop Studio Project	Tutoring	Arken A+ B	MG, KB VS, TS
	<b>13.00-15.15</b>				
<b>Wednesday 23/2</b>	<b>09.00-12.00</b>	SKETCHING	WORKSHOP (C)	Arken A+B	Monika Gora
		Develop Studio Project	Studio work		
<b>Thursday 24/2</b>	<b>09.00-12.00</b>	Develop Studio Project	Tutoring	Arken A+B	VS, KB MG, TS
	<b>13.00-15.15</b>				
<b>Friday 25/2</b>	<b>13.00-16.30</b>	Studio Project	Wrap-up (C)	Korridoren	VS, MG, KB, MAA, CH

*Schedule week 9 (7): STUDIO WORK – developing project*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 28/2</b>	<b>09.00-11.00</b>	Overgrown	Lecture	ZOOM	Julian Raxworthy, VS
		Develop Studio Project	Studio work	Arken A+B	
<b>Tuesday 1/3</b>	<b>09.00-12.00</b> <b>13.00-15.15</b>	Develop Studio Project	Tutoring	Arken A+B	KB, AF VS, TS
<b>Wednesday 2/3</b>	<b>09.00-12.00</b>	MODELMAKING	Masterclass (C)	Arken A+B	Marie Andersson
		Develop Studio Project	Studio work		
<b>Thursday 3/3</b>	<b>09.00-12.00</b> <b>13.00-15.15</b>	Develop Studio Project	Tutoring	Arken A+B	VS, KB AF, TS
<b>Friday 4/3</b>	<b>13.00-16.30</b>	Studio Project	Wrap-up (C)	Korridoren	MG, VS, MAA, KB, CH

*Schedule week 10 (8): STUDIO WORK – developing project*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 7/3</b>		Develop Studio Project	Studio work	Arken A+B	
<b>Tuesday 8/3</b>	<b>09.00-12.00</b> <b>13.00-15.15</b>	Develop Studio Project	Tutoring	Arken A+B	KB, AF VS, TS
<b>Wednesday 9/3</b>	<b>09.00-12.00</b>	WATERCOLOR 4 Presentation Material  Develop Studio Project	Masterclass (C)  Studio work	Arken A+B	Marie Andersson
<b>Thursday 10/3</b>	<b>09.00-12.00</b> <b>13.00-15.15</b>	Develop Studio Project	Tutoring	Arken A+B	VS, MG AF, TS
<b>Friday 11/3</b>	<b>13:00-16:30</b>  <b>17.00</b>	Studio Project  <b>Hand in: Assignment 4/ Essay</b>	Wrap-up (C)	Korridoren	MG, VS, MAA, MA

*Schedule week 11 (9): EXHIBITION – finalizing project*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 14/3</b>	<b>09.00-10.00</b>	Instructions for final presentation  Finalize Studio Project	Introduction (C)	Arken A+B	VS, MAA
<b>Tuesday 15/3</b>		Finalize Studio Project	Studio work	Arken A+B	
<b>Wednesday 16/3</b>	<b>09.00-16.00</b>	Exhibition	Install exhibition (C)	Vattentorget	MAA, VS
<b>Thursday 17/3</b>	<b>09.00-16.00</b>	Presentation	<b>Final crits (C)</b>	Vattentorget	Course team, PJD, MHE +Malmö city actors TBA <i>Finn Williams</i> <i>pm</i>
<b>Friday 18/3</b>	<b>09.00-16.00</b>	Presentation	<b>Final crits (C)</b>	Vattentorget	Course team, CD, MHE +Malmö city actors TBA
<b>Saturday 19/3</b>	<b>13.00-16.00</b>	Exhibition	Open Exhibition	Vattentorget	

*Schedule week 12 (10): IDEAS BOOK – finalizing contribution*

Day	Time	Topic	Activity	Place	Teacher
<b>Monday 21/3</b>	<b>09.00-10.00</b>	Assignment 6/ Ideas Book  Prepare contribution to book	Introduction (C)  Studio work	Arken A+B	VS, MA
<b>Tuesday 22/3</b>		Prepare contribution to book	Studio work		
<b>Wednesday 23/3</b>	<b>13.00-15.00</b>  <b>17.00</b>	Reflections on the course  <b>Hand in: Assignment 6/ Ideas Book</b>	Clear studio + Clear exhibition space (C)  Course evaluation + wrap-up (C)	Arken A+B	VS, MAA, MA, MG