



Schedule Advanced human nutrition LV0136, HT2024

Course leaders:

Galia Zamaratskaia Galia.Zamaratskaia@slu.se

Saeid Karkehabadi Saeid.Karkehabadi@slu.se

2b **2024-12-04** **2025-01-19**

No activities should be scheduled on the following dates:

23–31 December 2024

Link to zoom:

<https://slu-se.zoom.us/j/67636657929>

Meeting ID: 676 3665 7929

Passcode: 123456

Bold style – obligatory moments



| Week | Day | | Time | Activity | Lecturer | Place at SLU, Ultuna |
|------|------------|-----------|---------------|---|---------------------------------------|---|
| 49 | 4 December | Wednesday | 9.15 - 10.00 | Roll-call. Introduction to the course. Introduction to Mini-conference Introduction to seminar "Trends in nutrition". | Galia Zamaratskaia, Saeid Karkehabadi | Sal 216, Biocentrum |
| | | | 10:15 – 11:00 | Lecture 1. Dietary patterns and health | Galia Zamaratskaia | Sal 216, Biocentrum |
| | 5 December | Thursday | 10:15 – 12.00 | Lecture 2. Human physiology. Gut microbiota | Johan Dicksved | Sal 216, Biocentrum |
| | | | 13:15 – 15:00 | Lecture 3. Everything you need to know about iron | Galia | Sal 216, Biocentrum |
| | 6 December | Friday | 10:15 – 12.00 | Lecture 4. Bone health – the role of vitamins and minerals | Galia Zamaratskaia | Sal 216, Biocentrum |
| | | | 13:15 – 15:00 | Lecture 5. Metabolomics in nutrition | Hanna Eriksson Röhnisch | Sal 216, Biocentrum |
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| 50 | 9 December | Monday | 10:15 – 12:00 | Lecture 6. Epidemiological studies and biomarker | Rikard Landberg | Join Zoom Meeting https://slu-se.zoom.us/j/67636657929 Meeting ID: 676 3665 7929 Passcode: 123456 |
| | | | 13:15 – 15:00 | Lecture 7. Nutritional genomics | Michael Fridén | Join Zoom Meeting https://slu-se.zoom.us/j/67636657929 Meeting ID: 676 3665 7929 Passcode: 123456 |
| | | | 15:15 – 16:00 | Meat debate. Tradition meets transition (Ukrainian vs Swedish perspective) | Rostyslav Kolmatsui | Join Zoom Meeting https://slu-se.zoom.us/j/67636657929 Meeting ID: 676 3665 7929 Passcode: 123456 |

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| | 10 December | Tuesday | 10:15 - 12:00 | Lecture 8. Cereals in human health | Kati Katina | Sal 213, Biocentrum |
| | | | 13:15- 15:00 | Lecture 9. Metabolic regulation and nutritional status | Ali Moazzami | Sal 216, Biocentrum |
| | 11 December | Wednesday | 9:15 - 12:00 | Lecture 10. Nutrition and Diabetes Prevention and Management | Ali Moazzami | Sal 216, Biocentrum |
| | 12 December | Thursday | 10:15 - 12:00 | Lecture 11. Nutrition and Cardiovascular Health | Ali Moazzami | Sal 212, Biocentrum |
| | | | 13:15 – 15:00 | Lecture 12. Gluten intolerance and non-celiac gluten sensitivity | Ali Moazzami | Sal 216, Biocentrum |
| | 13 December | Friday | | Lucia. No official activity, but if you have time, you are welcome to visit Solja Pietiäinen's defense. The title of her thesis is "Modification of wheat bran arabinoxylan extracts for functional properties in breadmaking". Information about time and place is here: https://www.slu.se/en/ew-calendar/2024/12/diss-solja-pietiainen/ | | Time: 09:00 Location: Lennart Kennes hall Biocentrum Ultuna and zoom Please contact maud.langton@slu.se for online address and login information to the public defense |
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| 51 | 16 December | Monday | 10:15 - 12:00 | Lecture 13. Pseudoscience in nutrition | Dan Larhammar | Sal 216, Biocentrum |
| | | | 13:15 - 15:00 | Seminar. Vitamin & Mineral showdown | Galia Zamaratskaia | Sal 216, Biocentrum |
| | 17 December | Tuesday | 10:15 - 12:00 | Lecture 14. Nutrition and dental health | Eva Lena Andersson | Sal 216, Biocentrum |
| | | | 13:15 - 15:00 | Lecture 15. Alcohol metabolism and its effect on health | Faranak Azarbayjani | Sal 216, Biocentrum |
| | 18 December | Wednesday | | Independent work (Presentation for miniconferens, seminar and examination) | | |
| | 19 December | Thursday | 10:15 - 12:00 | Lecture 16. Human physiology. Gut hormones, satiety, weight loss. | Per Hellström | Sal 212, Biocentrum |

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| | | | 13:15 - 15:00 | Seminar. Trends in nutrition | Galia Zamaratskaia, Saeid Karkehabadi | Sal 216, Biocentrum |
| | 20 December | Friday | 10:15 - 12:00 | Workshop. Science communication in nutrition | Niklas Storm | Sal 216, Biocentrum |
| | | | 13:15 - 15.00 | Questions to teacher about Minikonferens and seminar | Galia Zamaratskaia | Sal 216, Biocentrum |
| | | | | First hand-in extended abstract for mini-conference | | |
| 52 | 23 December | Monday | 10:15 - 12:00 | Feedback from Galia on extended abstracts | | |
| | 23 – 31 December | | | No official activities, but remember about the examination! | | |
| 1 | 1-7 January | | | No official activity, but remember about examination | | |
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| 2 | 8 January | Wednesday | 10:15 - 16.00 | Mini-conference. Presentations. | Galia Zamaratskaia, Saeid Karkehabadi | Sal 216, Biocentrum |
| | 9 January | Thursday | 9:15 - 16.00 | Independent work (preparation for examination) | | |
| | 10 January | Friday | 9:15 - 16.00 | Independent work (preparation for examination) | | |
| 3 | 13 January | Monday | 9:15 - 16.00 | Independent work (preparation for examination) | | |
| | 14 Januari | Tuesday | 08:00 – 12:00 | EXAMINATION | | Tentamenssal 1, Undervisningshuset (can be changed) |
| | 15 January | Wednesday | | Prepare final version of extended abstract | | |
| | 16 January | Thursday | 10:15 – 12:00 | Review of the exam. Course evaluation | Galia Zamaratskaia | Sal 216, Biocentrum |
| | | | 15.00 | Send final hand-in of extended abstract | Galia | |