

Nature Based Interventions (MP0007), 15 credits, 2022-2023

The course is four modules; each module has a specific theme including lectures, exercises and assignments related to the topic.

All meetings are online via zoom. The links for the meeting will be available on Canvas prior to each meeting.

- **Introduction day (mandatory) September 5th at 10-12.**
Please show up to this session as it is the base for the coming work.

Modules:

- Module I meeting is September 19 – 21 (lectures and mandatory exercises).
Landscape, sensory experience, health gardens and different types of healing landscapes.
- Module II meeting is October 12 - 14 (lectures and mandatory exercises).
Stress medicine, forest for public health and forest management.
- Module III – the work is carried out from November to January. Work on your case study (mandatory). There will be some online meetings for supervision (NOT mandatory to participate).
- Module IV meeting is December 5– 7 (mandatory exercise for examination).
Case presentations, group work on posters and abstracts, and Conference presentations (examination).

Course leader & Examiner:

Anna María Pálsdóttir, associate professor and senior lecturer
Dept. People and Society, SLU, Alnarp
anna.maria.palsdottir@slu.se
Tel.: +46 40 41 55 36

Co-course leader and Examiner
Elisabet Bohlin, researcher, Dept. of Forest Ecology and Management, SLU, Umeå
elisabet.bohlin@slu.se
Tel.: 090-786 82 82, 070-3044134

The course is Literature:

There is NO mandatory course literature but we have selected highly relevant literature for each module.

For module I you do not need to read specific literature prior to the meeting but we will go through the literature on Monday September 5th so you might find some relevant articles to read related to the topic of the first module.

For Module II you will need to read some of the literature and pre-recorded lectures before the meeting in October, as there will be group work based on this material. All relevant material will be available for students taking the course at the course start.

On September 5th we will go through the literature and how you can make the most of it for your learning.

Should you by any chance have difficulties managing the texts please contact anna.maria.Palsdottir@slu.se and we will figure out how to support you.

Assignments for completing the course:

We will orally introduce all assignments and group work before each moment where you can ask questions about the procedure and expectations on output/written hand-in reports.

On September 5th we will go through all the assignments and when in time they are to be worked on. Written instructions for the group assignments and individual assignments will be found under the respective module on Canvas.

Please note that the assignments for each module cannot be completed until after each meeting, e.g. please don't rush to do all the assignments at the beginning of the course.

Main structure and timetable for the meetings of Modules I, II and IV

Please make sure you can attend the lectures and online exercises according to below schedule.

