

Meeting 1, January 19-21: Orientation to the field, forming a group and finding a project case for the course assignment

Wednesday January 19

Zoom

13.00-14.15 Course introduction, Anna Bengtsson and Helene Landin

14.30-16.30 Lecture: Health promoting outdoor environments, Anna Bengtsson

Thursday January 20

Zoom

8.30-10.30 Introduction to group work, Anna and Helene

11.00-12.00 Lecture: Designing for a target group - a roof top garden at the Memory Clinic in Malmö, Nina Oher

13.00-14.30 Three step seminar: Health promoting outdoor environments, Anna and Helene

14.30-16.30 Group assignment

Friday January 21

Zoom: Special link to zoom this day

8.30-9.30 Lecture: Body, Mind and Nature - A way to cope with mental fatigue after acquired brain injury, Helene Landin

9.45-10.45 Lecture: Outdoor rehabilitation and evidence based practice, Lotta Lundmark

11.15-12.15 Lecture: Alnarp rehabilitation garden, Sara Kyrö Wissler

13.15-14.15 Lecture: An example of the course assignment in four parts, Helene

14.15-16.30 Reflections and questions / Group work

Flipped classroom

In between the course meetings, watch:

To activate a place, Anna Litsmark.

A tour in the Garden in March, Frederik Tauchnitz

You find them at Canvas/Media Gallery

Meeting 2 March 7-9: Background, aim and method for group project

Monday March 7

Zoom

- 8.30-9.00 Information about course meeting 2
- 9.00-15.00 Groups presenting and giving feedback. Five groups.
- 15.30-17.00 Group work: Present your Study tour exercise. Four students in each group.

Tuesday March 8

Zoom

- 8.30-9.30 Lecture: Using outdoor environment in the psychology profession, Elizabeth Marcheschi
- 10.00-11.00 Lecture: Using outdoor environment in the occupational therapy profession, Vanessa Reyners
- 11.00-12.00 Group assignment / group presentation
- 13.00-13.45 Introduction to workshop (Helene & Anna)
- 13.45-15.15 Group work creating outdoor exercises
- 15.15-16.30 Presentations (5-10 minutes/group)

Wednesday March 9

Zoom

- 9.00-11.00 Lecture: Dialogue in the design process, Johanna Eriksson from Chalmers
- 11.00-12.00 Reflections and summery
- 13.00-16.30 Optional time for group work. Possibility to book supervision with Anna and Helena via e-mail.

Group meeting at project place March 21-23: Conducting analyses of physical environment and conducting pilot study to investigate user group

All group members meet at their project place. Attendance is crucial to the project and to the group work and therefore mandatory. It is recommended for all group members to visit the site for the project. Otherwise the group should contact the course leader and discuss other options. The groups arrange the meetings themselves, and contact key persons beforehand.

Meeting 3 May 18-20: Program Proposals - Health promoting outdoor environment

Monday May 18

Zoom

8.15-17.00

Project presentations/Group work preparing presentations and constructive reflections

Tuesday May 19

Zoom

8.15-17.00 Project presentations/Constructive reflections

Wednesday May 20

Zoom

8.15-10.00 Project presentation/ Constructive reflections

10.00-12.30 Course evaluation and time for questions
