



SCIENCE AND
EDUCATION **FOR**
SUSTAINABLE
LIFE

Nature- and animal assisted interventions

(Course: MP0009)

2022

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All meetings are over zoom – this term 2022 there are no campus meetings

- the zoom links will be provided on Canvas and available once you have confirmed your registration – please do so before the start of the course January 17th.

Meeting 1

January 17, at 10 - 12

Meeting 2 (Module I)

January 31, at 13 - 17

February 1, at 8 - 17

February 2, at 8 - 12

Meeting 3 (Module II)

March 2, at 13-17

March 3, at 8 - 17

March 4, at 8 – 12

Module III – home work

Meeting 4 (Module IV)

May 16, at 13-17

May 17, at 8 - 17

May 18, at 8 - 12

The definitions used as umbrella terms

Nature and Animal Assisted Interventions

This course focuses on how natural elements as plants and animals can be actively used in treatments, rehabilitation and made part of different programs for prevention and the promotion of healthy everyday habits in different user groups. **Focus on ACTIVITIES**

Nature-Based Interventions

This course focuses on how different types of natural settings can be used for interventions as part of treatment, rehabilitation and programs for the prevention and promotion of healthy everyday habits in different user groups. **Focus on LANDSCAPE**

Interventions

A health intervention is an act performed for, with or on behalf of a person or population whose purpose is to assess, improve, maintain, promote or modify health, functioning or health conditions.

Covers interventions carried out by a broad range of providers across the full scope of health systems including acute care, primary care, rehabilitation, assistance with functioning, prevention and public health.

<http://www.who.int/classifications/ichi/en/>

Nature and Animal Assisted Interventions

Focus on ACTIVITIES. Occupations can be performed either in outdoor environment or indoor settings i.e. not place dependent



Nature-Based Interventions

Focus on LANDSCAPE. The landscape is the base for the intervention and where it takes place i.e. place dependent





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